said real time recording video manager comprises at least one of a still picture audio/video file information table, original program chain information, and a user defined program chain information table,

said still picture audio/video file information table comprises still picture audio/video file information,

said still picture audio/video file information comprises at least one still picture video object group information for said still picture video object group,

said still picture video object group information comprises at least one still picture video object entry which contains the necessary information to access each still picture video object in a corresponding still picture video object group,

said user defined program chain information table comprises at least one user defined program chain information,

said original program chain information or said at least one user defined program chain information can comprise at least one still picture cell information,

said at least one still picture cell information comprises still picture cell general information,

said still picture cell general information comprises a start still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,

said still picture cell general information comprises an end still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,

said still picture video object group information comprises a still picture video object group general information, and

said still picture video object group general information comprises a start address of a corresponding still picture video object group in the still picture audio/video file.

- 17. (New) An information recording method for recording information on an information recording medium which includes,
- (i) areas for recording a still picture audio/video file and a real time recording video manager,
- (ii) said still picture audio/video file comprises at least a still picture video object group,
- (iii) said real time recording video manager comprises at least one of a still picture audio/video file information table, original program chain information, and a user defined program chain information table,
- (iv) said still picture audio/video file information table comprises still picture audio/video file information,
- (v) said still picture audio/video file information comprises at least one still picture video object group information for said still picture video object group,
- (vi) said still picture video object group information comprises at least one still picture video object entry which contains the necessary information to access each still picture video object in a corresponding still picture video object group,
- (vii) said user defined program chain information table comprises at least one user defined program chain information,
- (viii) said original program chain information or said at least one user defined program chain information can comprise at least one still picture cell information,
- (ix) said at least one still picture cell information comprises still picture cell general information,

- (x) said still picture cell general information comprises a start still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,
- (xi) said still picture cell general information comprises an end still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,
- (xii) said still picture video object group information comprises a still picture video object group general information, and
- (xiii) said still picture video object group general information comprises a start address of a corresponding still picture video object group in the still picture audio/video file, the information recording method comprising:

recording the still picture audio/video file in the object recording area; and recording the real time recording video manager in the control information recording area.

- 18. (New) An information reproducing method for reproducing information on an information recording medium which includes,
  - (i) a still picture audio/video file and a real time recording video manager,
- (ii) said still picture audio/video file comprises at least a still picture video object group,
- (iii) said real time recording video manager comprises at least one of a still picture audio/video file information table, original program chain information, and a user defined program chain information table,
- (iv) said still picture audio/video file information table comprises still picture audio/video file information,

- (v) said still picture audio/video file information comprises at least one still picture video object group information for said still picture video object group,
- (vi) said still picture video object group information comprises at least one still picture video object entry which contains the necessary information to access each still picture video object in a corresponding still picture video object group,
- (vii) said user defined program chain information table comprises at least one user defined program chain information,
- (viii) said original program chain information or said at least one user defined program chain information can comprise at least one still picture cell information,
- (ix) said at least one still picture cell information comprises still picture cell general information,
- (x) said still picture cell general information comprises a start still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,
- (xi) said still picture cell general information comprises an end still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,
- (xii) said still picture video object group information comprises a still picture video object group general information, and
- (xiii) said still picture video object group general information comprises a start address of a corresponding still picture video object group in the still picture audio/video file, the information reproducing method comprising:

reproducing one of the still picture video objects based on the real time recording video manager, wherein the one of the still picture video objects is accessed according to the start address of a corresponding still picture video object group.

- 19. (New) An information reproducing apparatus for reproducing information on an information recording medium which includes,
  - (i) a still picture audio/video file and a real time recording video manager,
- (ii) said still picture audio/video file comprises at least a still picture video object group,
- (iii) said real time recording video manager comprises at least one of a still picture audio/video file information table, original program chain information, and a user defined program chain information table,
- (iv) said still picture audio/video file information table comprises still picture audio/video file information,
- (v) said still picture audio/video file information comprises at least one still picture video object group information for said still picture video object group,
- (vi) said still picture video object group information comprises at least one still picture video object entry which contains the necessary information to access each still picture video object in a corresponding still picture video object group,
- (vii) said user defined program chain information table comprises at least one user defined program chain information,
- (viii) said original program chain information or said at least one user defined program chain information can comprise at least one still picture cell information,
- (ix) said at least one still picture cell information comprises still picture cell general information,
- (x) said still picture cell general information comprises a start still picture video object entry number referring to a specified number of still picture video objects included in a still picture video object group,